

STARTER KIT ESSENTIAL OILS



DIGIZE™

- Calming and relaxing.
- Sports a spicy, exotic and rich aroma.
- Diffuse at home or in the car to create a peaceful, soothing atmosphere.



PEACE & CALMING®

- A gentle, sweet blend with a comforting and fresh aroma.
- Diffuse to create a relaxing, soothing and calming environment for the entire family.



FRANKINCENSE

- Centering and spiritually calming.
- Features a grounding fragrance.
- Helps reduce the appearance of fine lines and wrinkles.



PEPPERMINT

- Features a crisp, cool and refreshing scent.
- Add a 1-2 drops to your water bottle.
- Dilute with V-6™ Enhanced Vegetable Oil Complex for a soothing massage.



LAVENDER

- Calming, relaxing and can help to soothe.
- Beneficial to all skin types when applied topically.
- Supports bedtime routines.



R.C.™

- Energising, invigorating and uplifting with a cool, fresh aroma.
- Combine with V-6™ Enhanced Vegetable Oil Complex for a soothing post-exercise massage.



LEMON

- Provides a fresh, sweet and clean scent.
- Promotes healthy-looking skin.
- Complements savoury dishes like chicken, fish, shrimp and vegetables.



STRESS AWAY™

- Helps ease worries and to calm the mind.
- Promotes relaxation and a calming environment.
- Diffuse for extra help in finding balance.



ORANGE

- Boasts a bright, sweet citrus scent.
- Diffuse to inspire creativity.
- Add 2-3 drops to a bottle or glass or water for a zip of flavour.



THIEVES®

- Features a warm, spicy aroma.
- Add 2-3 drops to dishwasher or the dishwasher to boost cleaning and to reduce odours.



PANAWAY®

- Provides post-exercise relief.
- Features a gentle cooling sensation.
- Can be diluted and applied on joints or muscles.



VALOR®

- Woody, positive aroma.
- Promotes emotional balance.
- Add to V-6™ Enhanced Vegetable Oil Complex for a rejuvenating foot massage.